



Research Ethics Committee

A SIDCER (Strategic Initiative for Developing Capacity in Ethical Review) recognized REC.



Faculty of Medical Sciences, University of Sri Jayewardenepura
Gangodawila, Nugegoda, Sri Lanka

Date: 02.05.2025

Our Ref: REC/Com Med 07

Chairperson

Prof. Renu Wickramasinghe
BSc, PhD

Secretary

Dr. Sithara Dissanayake
MBBS, MD (ORL)
DOHNS (UK)

Committee Members

Dr. S. Prathapan
MBBS, MSc, MD (Com.Med)

Prof Saraji Wijesekera
MBBS, MD (Pediatrics), DCH,
FRCPCH

Prof. Chandima Kulathilake
MBBS (Col), Diploma in
Pathology, MD Hematology

Dr. Chandana Hewage
MBBS, PhD

Dr. Thushari Dissanayake
MBBS, Dip (Med. Micro), MD
(Med. Micro)

Dr. Luckshika Amarakoon
MBBS, MD (Psychiatry)

Dr. Madura Jayewardene
MBBS, MD (OBST AND GYN),
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Dr. Vajira Seneviratne
BAMS (Hons), Pharm.D
(Hons), R Ph, MD (Ayu)
Pharmacology

Dr. Nilanka Perera
MBBS, MD (Col), FRCP (Lon),
DPhil (Oxon)

Dr. Nilangika Sandakumari
MBBS, MD (Medicine),
MRCP (London)

Dr. Lakmal Kulasekara
BDS, MD (Restorative
Dentistry)

Dr. Rinukshi Wimalasekara
BSc(Hons), MSc, PhD (Plant
Biotechnology)

Mr. Chamath Fernando
LLB, LL.M, Attorney at Law

Mrs. Chandani S Perera
LLB, LTCL, DIP. LLM, CIM
(Cert), Sworn Translator,
LTCL (CALSDA)

ERC meeting Date: 02nd of May 2025

Dr. Hemali Jayakody,
Consultant Community Physician,
National Institute of Health Sciences,
Kaluthara.

Dear Dr. Jayakody,

Application number: Com Med 07

Title: Prevalence of depression, anxiety and stress and its associated factors
among nursing officers in a selected hospital in Gampaha District.

Investigators:

- Z. M. Aakash (MED 4802)
- H. U. P. Bandara (MED 4820)
- D. Y. M. Dissanayake (MED 4836)
- S. V. Jesudasan (MED 4875)
- K. A. D. H. Karasinghe (MED 4879)

Supervisors:

- Dr. Hemali Jayakody

I am pleased to inform you that the FMS/USJP REC at its subcommittee meeting held on 02.05.2025 has granted ethical approval for your project subject to methodology being approved by the Department of Community Medicine as per details given below.

Document	Version No	Date of submission
Project proposal	1.0	30.04.2025
Study instrument – English	1.0	30.04.2025
Study instrument – Sinhala	1.0	30.04.2025
Study instrument – Tamil	1.0	30.04.2025
Informed consent form - English	1.0	30.04.2025
Informed consent form - Sinhala	1.0	30.04.2025
Informed consent form - Tamil	1.0	30.04.2025

Address all correspondence to: Secretary, Research Ethics Committee,
Faculty of Medical Sciences, University of Sri Jayewardenepura, Gangodawila, Nugegoda, Sri Lanka.
Tel.94-11-2758588, Fax 94-11-2811480, erc.fms@sjp.ac.lk



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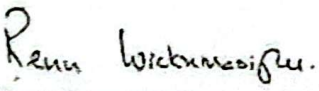
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(Cert); Sworn Translator,
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- The ethical approval is effective from the above-mentioned REC meeting date. Please note that ethical approval would be revoked if any alteration is made to the project without obtaining prior written consent from the ethics review committee.
- Please note that as the supervisor of this project, it is your responsibility to ensure that procedures performed under the project will be conducted in accordance with all relevant national and international policies and regulations that govern research involving human participants.

Thank you,

Yours sincerely,


Prof. Renu Wickramasinghe
Chairperson


Prof. Shamini Prathapan
For Secretary

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