



Research Ethics Committee

A SIDCER (Strategic Initiative for Developing Capacity in Ethical Review) recognized REC
Faculty of Medical Sciences, University of Sri Jayewardenepura
Gangodawila, Nugegoda, Sri Lanka



Chairperson

Prof. S. Prathapan
MBBS, MSc, MD (Com.Med)

Secretary

Dr. Sithara Dissanayake
MBBS, MD (ORL)
DOHNS (UK)

Committee Members

Prof Saraji Wijesekara
MBBS, MD (Pediatrics), DCH,
FRCPC

Prof Chandanie Wanigatunge
MBBS (NCMC),
MD(Col), FCCP, FRCP Edin,
FRCP

Prof.Thushara Matthias
MBBS, MD

Dr. Luckshika Amarakoon
MBBS, MD (Psychiatry)

Dr. Vajira Seneviratne
BAMS (Hons), Pharm.D (Hons),
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MBBS, Dip Chem Path, MD
(Chemical Pathology), FRC Path
(UK)

Dr. Renu Wickramasinghe
BSc, PhD

Mr. Chamath Fernando
LLB, LL.M, Attorney at Law

Date: 09.04.2026

Our Ref: ERC/Com Med 03/26

ERC meeting Date: 26th March 2026

Dr. Asanthi Balapitiya,
Consultant Community Physician,
Health Promotion Bureau,
No 02, Kynsey Road,
Colombo 10

Dear Dr. Balapitiya,

Application number: Com Med 03/26

Title: Satisfaction with available facilities supporting menstrual health and hygiene and its associated factors among first-year female undergraduates in a selected state university in Colombo district.

Investigators:

V.Brindiya.	(MED /020/33)
D.D.K.T Madhuwantha	(MED /099/33)
M.M.H.I Paris.	(MED /125/33)
W.M.B Wijesekara	(MED /186/33)
S.S.Wimalakeerthi	(MED /188/33)

Supervisor:

Dr. Asanthi Balapitiya
Prof. Sugandhika Suresh,

I am pleased to inform you that the FMS/USJP ERC at its subcommittee meeting held on 26.03.2026 has granted ethical approval for your project subject to methodology being approved by the **Department of Community Medicine** as per details given below.

Document	Version No	Date of submission
Project proposal	1.0	23/03/2026
Study instrument – English	1.0	23/03/2026
Study instrument – Sinhala	1.0	23/03/2026
Informed consent form - English	1.0	23/03/2026
Informed consent form - Sinhala	1.0	23/03/2026



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The ethical approval is effective from the above-mentioned REC meeting date. Please note that ethical approval would be revoked if any alteration is made to the project without obtaining prior written consent from the ethics review committee.

Please note that as the supervisor of this project, it is your responsibility to ensure that procedures performed under the project will be conducted in accordance with all relevant national and international policies and regulations that govern research involving human participants.

Thank you,
Yours sincerely,

Prof. Shamini Prathapan
Chairperson

Dr. Sithara Dissanayake
Secretary