



Research Ethics Committee

A SIDCER (Strategic Initiative for Developing Capacity in Ethical Review) recognized REC
Faculty of Medical Sciences, University of Sri Jayewardenepura
Gangodawila, Nugegoda, Sri Lanka



Chairperson

Prof. S. Prathapan
MBBS, MSc, MD
(Com.Med)

Secretary

Dr. Sithara Dissanayake
MBBS, MD (ORL)
DOHNS (UK)

Committee Members

Prof Saraji Wijesekara
MBBS, MD (Pediatrics),
DCH,
FRCPCB

Prof Chandanie
Wanigatunge
MBBS (NCMC),
MD(Col), FCCP, FRCP
Edin, FRCP

Prof.Thushara Matthias
MBBS, MD

Prof.. Nilanka Perera
MBBS, MD (Col), FRCP
(Lon), DPhil (Oxon)

Dr. Luckshika Amarakoon
MBBS, MD (Psychiatry)

Dr. Vajira Seneviratne
BAMS (Hons), Pharm.D
(Hons), R Ph, MD (Ayu)
Pharmacology

Dr. Rinukshi Wimalasekara
BSc(Hons), MSc, PhD (Plant
Biotechnology)

Dr. M.N.Y.F.
Wijegoonewardene,
MBBS, MSc (Com.Med),
MD (Com.Med)

Dr. C.N. Nanayakkara,
BSc, PhD

Dr. Chaminda Hunukumbure
MBBS (Colombo), MD
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Dr. D. Maduri
Vidanaipathirana. MBBS, Dip
Chem Path, MD (Chemical
Pathology), FRC Path (UK)

Dr. Renu Wickramasinghe
BSc, PhD

Mr. Chamath Fernando
LLB, LLM, Attorney at Law

Date: 29.04.2026

our ref: ERC 10/26

REC meeting date: 28th of April 2026

Prof. Manori Gamage,
Professor in Paediatrics,
Department of Paediatrics,
Faculty of Medical Sciences,
University of Sri Jayewardenepura.

Dear Prof. Gamage,

Application Number: 10/26

Title: Feeding Practices, Concerns and Factors Influencing Practices among Mothers of Preschool Children in Colombo District: A Qualitative Study.

I am pleased to inform you that the FMS/USJP REC at its meeting held on the above-mentioned date has granted ethical approval for your project as per the details given below.

Document	Version No	Date of submission
Project proposal	02	10.04.2026
Participant consent forms - English	02	10.04.2026
Participant consent forms - Sinhala	02	10.04.2026
Participant consent forms - Tamil	02	10.04.2026
Participant information sheet - English	02	10.04.2026
Participant information sheet - Sinhala	02	10.04.2026
Participant information sheet – Tamil	02	10.04.2026
Study instrument- English	02	10.04.2026
Study instrument- Sinhala	02	10.04.2026
Study instrument-Tamil	02	10.04.2026



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The ethical approval for your project is effective from the above-mentioned REC meeting date.

We affirm that none of the proposed study team members were present during the decision-making process at the REC. The quorum requirements were met.

The approval is valid for one year from the date of sanction. You may make a written request for renewal / extension of the validity, along with the submission of annual status report. Please note that ethical approval would be revoked if any alteration is made to the project without obtaining prior written consent from the research ethics committee.

As the Principal Investigator, you are expected to ensure that procedures performed under the project will be conducted in accordance with all relevant national and international policies and regulations that govern research involving human participants.

Please note that this approval is subjected to the following condition:

- Progress reports to be submitted annually.
- All serious adverse events (SAEs) that may occur in Sri Lanka should be reported within 07 calendar days of their occurrence to the REC, FMS USJ
- Any serious adverse event, which has arisen during the clinical trial, or which has come to your knowledge from reports other participating trial sites should be informed in writing to REC FMS, USJ within 30 working days.
- The adverse events should be reported in the format of the attached adverse events reporting form.
- The final report to be submitted at the completion of the study.
- In the event of any complaints from the participants, these should be reported to the Secretary, REC FMS USJ.
- In the events of any protocol amendments, REC must be informed, and the amendments should be highlighted in clear terms as follows:
 - a. The exact alteration/amendment should be specified and indicated where the amendment occurred in the original project. (Page no. etc.)



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b. If the amendments require a change in the consent form, the copy of the revised Consent Form should be submitted to the Research Ethics Committee for approval.

Thank you,
Yours sincerely,

.....
Prof. Shamini Prathapan
Chairperson

.....
Dr. Sithara Dissanayake
Secretary